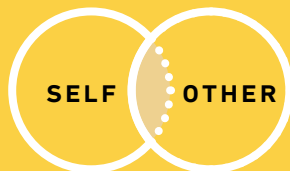


UNITED AMIDST DIVERSITY



(A) NOT EMPATHIZING

To be in a state of feeling as if we're disconnected or at odds with an other.



(B) EMPATHIZING

To be in a state of feeling as if we're connected or at one with an other.



(B') HYPER EMPATHIZING

To be in a state of feeling so connected or at one with an other that we are unable or unwilling to make distinctions or draw boundaries between ourselves and that other.

REALIZINGEMPATY.COM

EMPATHY is a word invented to explain our potential to move from (A) to (B) and (A) to (B')

Sometimes EMPATHY is realized involuntarily and we are instantly moved without effort.



We can also slowly move ourselves by deliberately making an effort to *realize* our EMPATHY.



REALIZING

empathy